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Salad Descriptions and Prices

23 Skidoo ~ Radiator pasta, sliced green olives, toasted sunflower seeds, chopped tomatoes, red onions, parsley, red and yellow bell pepper in a balsamic vinaigrette dressing with Parmesan cheese.

Artichoke Rice Curry Salad ~ Multi grain rice, sliced green onions and chopped green peppers, artichoke hearts, and mushrooms in a creamy curried dressing.

Autumn Turkey Salad ~ Orzo pasta, smoked turkey chunks, red flame grapes, sliced almonds, sliced green onions, chopped celery in a sweet poppy seed dressing.

Baked Potato Salad ~ Chopped Idaho potatoes, green onions, cheddar cheese, and bacon bits in a sour cream dressing.

Black Bean and Corn Salad ~ Black beans, red onions, kernel corn, and red and green peppers in a spicy, sour cream dressing.

Broccoli Apple Currant Salad ~ Broccoli florets, green apples, red onion, currants, toasted sunflower seeds, and almonds in a lemon dressing.

Broccoli Bacon Salad ~ Broccoli florets, red onions, crispy bacon and Swiss cheese in a tangy, sweet dressing.

Broccoli, Tomato and Cauliflower Salad ~ Broccoli and cauliflower florets, red onions, cherry tomatoes and capers, in a sweet vinaigrette.

Carrot & Raisin Salad ~ Shredded carrots and raisins in a sweet, creamy dressing.

Chicken Walnut Pesto ~ Roasted chicken, Orzo pasta, toasted walnuts, and blue cheese tossed in a pesto dressing.

Chinese Chicken Salad ~ Orzo pasta, snow peas, cauliflower florets, sliced green onions, toasted almonds, sesame seeds, and tender chicken chunks tossed in a ginger dressing.

Chinese Noodle Salad ~ Capellini noodles, sliced green onions, sesame seeds, and toasted almonds in a spicy sesame vinaigrette.

Chinese Pea Salad ~ Snow peas, sliced mushrooms, yellow onions, broccoli florets and Swiss cheese in a Dijon vinaigrette.

Chop Chop Salad ~ Jicama, radishes, carrots, mushrooms, green onions, red and green peppers, zucchini, chopped celery and blue cheese crumbles in an Italian vinaigrette.

Classic Potato Salad ~ Fresh boiled potatoes, chopped eggs, sweet pickles, chopped celery and diced onions in a creamy dressing.

Cole Slaw ~ Garden fresh shredded cabbage, carrots, onions and celery seed in a creamy dressing.

Curried Turkey Salad ~ Chunks of turkey breast, chopped eggs, green onions, chopped celery, parsley, currants and toasted almonds in a creamy curry dressing.

Dijon Potato Salad ~ Red potatoes, sliced green onions, sliced radishes, chopped eggs, and dill in a creamy Dijon dill dressing.

Dijon Vegetable Salad ~ Cauliflower florets, chopped celery, green peppers, sliced carrots and snow peas in a Dijon vinaigrette.

German Potato Salad ~ Boiled potatoes, chopped yellow onions, crumbled bacon in a dill vinaigrette.

Greek Salad ~ Sliced eggplant, chopped tomatoes, green onions, cucumbers, green peppers, artichoke hearts, black olives and crumbled feta cheese in an herbal vinaigrette.

Greek Turkey Salad ~ Chunks of turkey breast, chopped tomatoes, chopped cucumbers, red onions, black olives and crumbled feta cheese in a basil vinaigrette.

Green Bean and Mushroom Salad ~ Blanched green beans, sliced mushrooms and onions in a creamy garlic dressing.

Green Bean and Red Roasted Pepper Salad ~ Fresh green beans, roasted red pepper slices and onions in a Balsamic vinaigrette.

Harvest Salad ~ Bow tie pasta, sliced carrots, sliced black olives, sliced green onions, chunks of turkey in a creamy garlic dressing, topped with almonds and grated parmesan.

Hunter Salad ~ Spiral rainbow pasta, green and red pepper strips, zucchini, summer squash, red onion, artichoke hearts, sundried tomatoes, in a Italian vinaigrette with parmesan cheese.

Indonesian Rice Salad ~ Brown rice, chopped green onions, celery, red peppers, cashews, lentils, kidney beans, azuga beans and parsley in an orange vinaigrette.

Italian Vegetable Salad ~ Red and yellow peppers, zucchini, chopped celery, yellow squash, cucumbers, leeks and cauliflower florets in an Italian vinaigrette.

Macaroni Salad ~ Elbow macaroni, chopped green peppers, white onions, celery and tomatoes in a creamy dressing.

Marinated Carrot Salad ~ Carrots that are blanched, chopped, and marinated in a fresh herbal vinaigrette.

Marinated Vegetable Salad ~ Sliced mushrooms, cucumbers, chopped red onions, cauliflower, green peppers, broccoli and chopped tomatoes in an Italian dressing.

Orzo Salad ~ Orzo rice pasta, chunks of cheddar cheese, chopped parsley, chopped tomatoes and garden fresh peas in a lemon vinaigrette.

Pasta Pesto Salad ~ Seashell pasta, broccoli florets and mozzarella cheese in a fresh basil vinaigrette.

Pasta Salad ~ Spiral pasta, sliced carrots, broccoli, cauliflower, mushrooms, red onions, green peppers and black olives in an Italian vinaigrette.

Pea and Ham Salad ~ Garden peas, chunked cheddar cheese, chopped ham and green onions in a sour cream dressing.

Poncho Salad ~ Kidney beans, spiral pasta, diced jalapenos, sliced green onions, and chopped tomatoes, parmesan cheese, tossed in a cilantro vinaigrette. ***LOW FAT***

Pomodori Pasta ~ Penne pasta, chopped tomatoes, red onions, olive oil, and Parmesan cheese in a balsamic vinegar dressing.

Roasted Red Pepper Orzo ~ Orzo rice pasta, roasted red, yellow, and green peppers, sundried tomatoes, artichoke hearts, parsley, chopped tomatoes, in a Dijon vinaigrette.

Salad Nicoise ~ Boiled red potatoes, green beans, red onions, and Nicoise olives, chopped parsley, hard boiled eggs and albacore tuna in a Dijon vinaigrette.

Santa Fe Chicken ~ Penne pasta, chopped red peppers, cucumbers, red onions, avocado chunks, whole black olives, chopped tomatoes, roasted chicken in a spicy southwestern dressing.

Santorini Salad ~ Penne pasta, chopped tomatoes, sliced cucumbers, feta cheese in a basil vinaigrette.

Shanghai Slaw ~ Bean sprouts, green cabbage, red peppers, minced tangy jalapeno peppers, sugar peas, chopped cilantro, sliced green onions, sesame seeds in a ginger dressing. ***LOW FAT***

Shrimp, Pea and Almond Salad ~ Garden fresh peas, sliced green onions, celery, bay shrimp and sliced almonds in a creamy dill dressing.

Spaghetti Salad ~ Spaghetti noodles, sliced mushrooms, green peppers, chopped green onions, chopped tomatoes, black olives and parmesan cheese in an Italian dressing.

Spinach Penne ~ Penne pasta, red onions, sliced almonds, tomatoes, whole black olives, fresh chopped spinach in a sweet creamy dressing.

Summer Salad ~ Radiator pasta, broccoli florets, red, yellow and green peppers, zucchini, red onions, cherry tomatoes, in a garlic basil vinaigrette.

Tabouli Salad ~ Bulgur wheat, chopped parsley, green onions, tomatoes and mint, in a lemon vinaigrette.

Thai Chicken Salad ~ Bowtie pasta, chicken chunks, fresh ginger, sliced green onions, shredded green cabbage and carrots in a spicy Thai barbecue dressing.

Three Bean Salad ~ Red onions, garbanzo beans, green peppers, green beans, yellow beans, and kidney beans, in a dill vinaigrette.

Tortellini Salad ~ Cheese Tortellini, sliced red onions, sliced mushrooms, broccoli florets, green peppers and chopped tomatoes in a creamy Italian dressing.

Tomato Corn Relish - Fresh corn, diced tomatoes, fresh basil, chopped yellow tomatoes tossed in a citrus vinaigrette.

Tuna Seashell Salad ~ Shell pasta, green peppers, chopped celery, tomatoes, yellow onions, albacore tuna chunks and green peas in a creamy dressing.

Turkey Basil Salad ~ Radiator pasta, sliced green onions, turkey chunks, Parmesan cheese, in a creamy garlic, basil dressing.

Vegetarian Wild Rice Salad ~ Wild rice, chopped celery, green peppers, red onions, sliced mushrooms, parsley, shredded carrots, and broccoli florets in a Italian dressing.